



TUESDAY 11 JUNE 2019

CLEVEDON AC

2019

MIDSUMMER

10K

**Flat, fast course
on country lanes**

START AT 19:30

Race HQ:

**Mary Elton School,
Lower Strode Road**

(ARC Permit Granted)



PRIZES INCLUDE:

£50

1st Senior Man

£100

For breaking course records

£50

1st Senior Lady

(Male: Rob Whalley - 29:56 / Female: Karen McCleod - 33:41)

Age category prizes V40-V70 and team prizes; male (4) & female (3)

Entries online at www.clevedonac.co.uk

£8 affiliated / £10 unaffiliated

Entries on the night: £10 affiliated / £12 unaffiliated

(additional levy imposed by UK Athletics)

Limited parking, showers & changing available at Strode Leisure Centre

CLEVEDON ATHLETIC CLUB - FOUNDED 1977

(Affiliated to Avon Athletics Association, Midland Counties Athletic and Cross Country Associations, Midland Counties Women's Athletic and Cross Country Associations)