

Surname	Forename	5km		5mile		10km		10mile		Half Marathon	
ABRAHAMS	TOM	(2016) 19.03-18.49	0.14	(2017) 31.21-30.34	0.47	(2017) 38.58		(2017) 65.40		(2017) 86.39	
RICHARDS	SALLY	(2016) 22.45		(2017) 37.19-36.59	0.2	(2016) 48.26		(2016) 83.58		(2017) 1.52.01-1.46.42	5.19
SOUTHERNWOOD	LEE	(2017) 18.40/17.48	1.02	(2017) 29.38/ 28.32	1.06	(2017) 40				(2017) 84.24-82.55	1.29
LAMMIE	JASON	(2016) 19.54				(2016) 44.27- 42.04	2.23	(2017) 68.21			
GREEN	PAUL	(2016) 22.14-21.55	0.19	(2017) 36.37- 35.05	1.32	(2016) 45.28				(2017) 1.48.39	
HEATH	STUART			(2018) 32.56-31.40	1.16	(2018) 40.39					
KESTLE	RYAN			(2018) 27.58-27.50	0.8	(2016) 35.43					
CROSSLAND	ALEX	(2016) 15.38		(2017) 25.25		(2016) 33.17 - 32.42	0.35			(2016) 74.39	
SMITH	SIMON	(2016) 20.31/ 20.01	0.3	(2017) 32.55/32.51	0.04						
MEECH	LAURA	(2016) 19.26		(2016) 31.39- 31.30	0.09	(2017) 40.28				(2017) 92.13	
ALLAN	TRACY										
ANDREWS	MIKE										
ATKINSON	BILL										
BALL	HELEN										
BARHAM	DAWN										
BARTLETT	JED										
BINNS	GEOFF										
BIRD	PAUL										
BIRD	CHLOE										
BISHOP	JENNIFER	(2017) 18.43		(2017) 30.13						(2017) 85.51	
BRAY	DAVE										
BRIDGES	SOPHIE			(2017) 35.24						(2017) 1.45.52	
BRYGIDER	HAZEL										
BURNS	BEN										
BURSTON	LUCY										
CAHILL	JIM										
CAMPBELL	NORMA LEE										
CARTY	LARA										
CHAPPELL	PAUL										
CHARMAN	NIGEL	(2016) 19.25		(2017) 31.50		(2017) 47.26*				(2017) 91.21	
COLLINS	PHILIP										
COOLEY	JANE										
COOMBES	KERRY										
COOPER	MARK										
CROCKER	MATTHEW										
CROKER	LAURA										
CROKER	ROBERT										
DAUNCEY	ANTHONY										
DAUNCEY	JESSICA										
DAUNCEY	LUCAS										
DAVIES	DONNA										
DAVIES	CHRIS										
DEWFALL	KATE										
DOUTHWAITE	GEORGE										
DOWDEN	MARK										
DOWN	MICHELLE										
FAIRS	JEANNE										
FEWS	PETER										
FORD	JENNY										
GALLAGHER	JOANNE										
GRAY	CHARLOTTE										
GRUNDY	DAN										
HALL	PAULA										
HAMBLY	ROBIN										
HANCOCK	SIMON										
HARDCASTLE	JIM										
HASLOCK	LISA										
HAWKES	SIMON										
HEATH	SOPHIE										
HESTER	JAMES										
HEWLETT	MARTIN										
HEYES	ELAINE										
HEYES	ANDY										
HEYES	BECCI										
HIDES	NICK										
HILLIER	CHRIS										
HOLDAWAY	CLARE										
HOLLAND	BRIAN										
HOLTBY	ZOE										
HURFORD	ALISON										
HUTTON	GEOFF										
JAMES	STEPH										
KELLY	DAVID										
KESTLE	LINDSEY										
KING	ANDY										
KYRIACOU	ILZE										
LAMPON	JOHN										
LAMPON	ROBYN										
LEWIS	JEMMA										
LEWIS	GARY										
LOCHRIE	MARIE										
LOCKTON	ASHLEY										
LOVING	ANGIE										
MANNERS	JOAN										
MANNERS	NEIL										
MARRIOTT	HAYLEY										
MASTON	NEIL										
MCGINN	MIKE										
MCMILLAN	NICOLE										
MILLARD	KATE			(2016) 33.41							
MILLER	IMOGEN										
MOONEY	ANDREW										
MORTIMORE	KATHRYN										
MOSS	JASON										
MURRAY	LUKE										
MURRAY	ALEX										
MURRAY	ELEANOR										
NABOSI	TIM										

NEADS	KEVIN												
PARKER	DARREN												
PARSELL	ISABELLA												
POOLE	JULIE												
POWELL	DEBBIE												
RANN	PAUL												
RAWLINGS	FRANCESCA												
REES	ANTHONY												
RICHARDS	MORPH												
ROBERTS	ALISON												
ROBERTS	MALCOLM												
ROBERTS	DAVE												
SHARP	BEN												
SHAW	ANDY												
SLOAN	ANDY												
SMITH	ANNIE												
SOLOMON	MIKE												
STEWART	DUNCAN												
TEMPLAR	MARK												
VANDERPLANK	FRED												
VAUDEN	CHRIS												
WALLACE	NEIL												
WALPOLE	NATHAN												
WATTS	KATIE												
WHEDDON	PETER												
WILKINSON	PAUL												
WITHYMAN	JODIE												
WOOD	STEVE												
WOOD	HELEN												
WOODMAN	HANNAH												
WOOKEY	TIM												
WOOKEY	CHERYL												
WYATT	RON												
YOUNG	LISA												

