Surname	Forename	5km		5mile		10km		10mile		Half Marathon		20 mile		Marathon		Ultra Marathon		Accumulated PB Time (min:sec)
ABRAHAMS	TOM	(2016) 19.03-18.49	0.14	(2017) 31.21-30.34	0.47	(2017) 38.58		(2017) 65.40		(2017) 86.39		(2017) 2.23.07-2.16.48	6.55	(2017) 3.15.23				7.16
ALLAN	TRACY																	0
ANDREWS	MIKE																	0
ATKINSON	BILL																	0
BALL	HELEN																	0
BARCHAM	DAWN																	0
BARTLETT	JED																	0
BINNS	GEOFF																	0
BIRD	PAUL																	0
BIRD	CHLOE																	0
BISHOP	JENNIFER	(2017) 18.43		(2017) 30.13						(2017) 85.51								0
BRAY	DAVE																	0
BRIDGES	SOPHIE			(2017) 35.24						(2017) 1.45.52								0
BRYGIDER	HAZEL																	0
BURNS	BEN																	0
BURSTON	LUCY																	0
CAHILL	JIM																	0
CAMPBELL	NORMA LEE																	0
CARTY	LAURA																	0
CHAPPELL	PAUL																	0
CHARMAN	NIGEL	(2016) 19.25		(2017) 31.50		(2017) 47.26*				(2017) 91.21				(2017) 3.14.40				0
COLLINS	PHILIP																	0
COOLEY	JANE																	0
COOMBES	KERRY																	0
COOPER	MARK																	0
CROCKER	MATTHEW																	0
CROKER	LAURA																	0
CROKER	ROBERT																	0
CROSSLAND	ALEX	(2016) 15.38		(2017) 25.25		(2016) 33.17 - 32.42	0.35			(2016) 74.39		(2017) 2.27.55						0.35
DAUNCEY	ANTHONY																	0
DAUNCEY	JESSICA																	0
DAUNCEY	LUCAS																	0
DAVIES	DONNA																	0
DAVIES	CHRIS																	0
DEWFALL	KATE																	0
DOUTHWAITE	GEORGE																	0
DOWDEN	MARK																	0
DOWN	MICHELLE																	0
FAIRS	JEANNE																	0
FEWS	PETER																	0
FORD	JENNY																	0
GALLAGHER	JOANNE																	0
GRAY	CHARLOTTE																	0
GREEN	PAUL			(2017) 36.37- 35.05	1.32													1.32
GRUNDY	DAN																	0
HALL	PAULA																	0
HAMBLY	ROBIN																	0
HANCOCK	SIMON																	0
HARDCASTLE	JIM																	0
HASLOCK	LISA																	0
HAWKES	SIMON																	0
HEATH	STUART																	0
HEATH	SOPHIE																	0
HESTER	JAMES																	0
HEWLETT	MARTIN																	0
HEYES	ELAINE																	0
HEYES	ANDY																	0
HEYES	BECCI																	0
HIDES	NICK																	0
HILLIER	CHRIS																	0
HOLDAWAY	CLARE																	0
HOLLAND	BRIAN																	0
HOLTBY	ZOE																	0
HURFORD	ALISON																	0
HUTTON	GEOFF																	0
JAMES	STEPH																	0
KELLY	DAVID																	0
KESTLE	LINDSEY																	0
KESTLE	RYAN			(2018) 27.58-27.50	0.8	(2016) 35.43												0.8
KING	ANDY																	0
KYRIACOU	ILZE																	0
LAMMIE	JASON	(2016) 19.54				(2016) 44.27- 42.04	2.23	(2017) 68.21										2.23
LAMPON	JOHN																	0
LAMPON	ROBYN																	0
LEWIS	JEMMA																	0
LEWIS	GARY																	0
LOCHRIE	MARIE																	0
LOCKTON	ASHLEY																	0
LOVING	ANGIE																	0
MANNERS	JOAN																	0
MANNERS	NEIL																	0
MARROTT	HAYLEY																	0
MASTON	NEIL																	0
MCGINN	MIKE																	0
MCMILLAN	NICOLE																	0
MEECH	LAURA	(2016) 19.26		(2016) 31.39		(2017) 40.28				(2017) 92.13								0
MILLARD	KATE			(2016) 33.41														0
MILLER	IMOGEN																	0
MOONEY	ANDREW																	0
MORTIMORE	KATHRYN																	0
MOSS	JASON																	0
MURRAY	LUKE																	0
MURRAY	ALEX																	0
MURRAY	ELEANOR																	0
NABOSI	TIM																	0
NEADS	KEVIN																	0
PARKER	DARREN																	0
PARSELL	ISABELLA																	0
POOLE	JULIE																	0
POWELL	DEBBIE																	0
RANN	PAUL																	0
RAWLINGS	FRANCESCA																	0
REES	ANTHONY																	0
RICHARDS	SALLY	(2016) 22.45		(2016) 48.26		(2016) 48.26		(2016) 83.58		(2018) 1.52.01-1.46.42	5.19							5.19
RICHARDS	MORPH																	0
ROBERTS	ALISON																	0
ROBERTS	MALCOLM																	0
ROBERTS	DAVE																	0
SHARP	BEN																	0
SHAW	ANDY																	0
SLOAN	ANDY																	0
SMITH	SIMON	(2016) 20.31/ 20.01	0.3	(2017) 32.55/32.51	0.04													0.34
SMITH	ANNIE																	0
SOLOMON	MIKE																	0
SOUTHERNWOOD	LEE	(2017) 18.40/17.48	1.02	(2017) 29.38/ 28.32	1.06	(2017) 40				(2107) 84.24								2.08
STEWARD	DUNCAN																	0
TEMPLAR	MARK																	0
VANDERPLANK	FRED																	0
VAUDEN	CHRIS																	0
WALLACE	NEIL																	0
WALPOLE	NATHAN																	0
WATTS	KATIE																	0
WHEDDON	PETER																	0
WILKINSON	PAUL																	0
WITHYMAN	JODIE																	0
WOOD	STEVE																	0
WOOD	HELEN																	0
WOODMAN	HANNAH																	0
WOOKEY	TIM																	0
WOOKEY	CHERYL																	0
WYATT	RON																	0
YOUNG	LISA																	0